

Reading Strategies Self-Assessment

Use the questions below to assess your current reading habits, strategies, and goals. Bring this to your appointment in the Learning Center.

Which types of academic texts do you prefer? □ Textbooks □ Journal Articles □ Individual Book Chapters (non-fiction) □ Essays □ News Articles □ Editorials □ Novels □ Plays □ Poems □ Web Sites □ Other: Click or tap here to enter text.												
2. Which formats do you prefer?												
☐ Print ☐ Screen ☐ Audio												
			Always	Often	Some- times	Rarely	Never	Let's Discuss				
Previewing	3.	Do you preview the full text before starting?										
	4.	Do you supplement with unassigned materials as needed?										
	5.	Do you seek guiding questions or themes before starting?										
	6.	Do you estimate how much time you will need to read?										
Taking Notes	7.	Do you take notes while you read?										
	8.	Do you mark your text or write in the margins?										
	9.	Do you use a highlighter heavily?										
	10	Do you summarize as you read?										
Time Management	11	Do you set aside specific times in your schedule to read?										

	12	Do you read at times when you're most alert and rested?								
	13	Do you break up lengthy assignments into shorter sections?								
	14	Do you read before class?								
	15	Do you complete your reading every week?								
Prioritizing	16	Do you work on your highest priority or most challenging text first?								
	17	Do you avoid or delay reading assignments?								
	18	Do you become distracted when reading?								
Reviewing	19	Do you return to your texts at a later date for a second reading?								
	20	Do you meet with study partners to discuss reading assignments?								
	21	Do you read for enjoyment?								
	22	What do you enjoy reading in your free time?								
What are your goals for developing your reading skills?										
	24	What else would be helpful for us to know about	t you?							

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