Reading Strategies Self-Assessment

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| *Use the questions below to assess your current reading habits, strategies, and goals. Bring this to your appointment in the Learning Center.* |

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| 1. *Which types of academic texts do you prefer?* ☐ Textbooks ☐ Journal Articles ☐ Individual Book Chapters (non-fiction) ☐ Essays ☐ News Articles  ☐ Editorials ☐ Novels ☐ Plays ☐ Poems ☐ Web Sites ☐ Other: Click or tap here to enter text. |
| 2. *Which formats do you prefer?* ☐ Print ☐ Screen ☐ Audio |
|  | Always | Often | Some-times | Rarely | Never | Let’s Discuss |
| Previewing | 3. | *Do you preview the full text before starting?* | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 4. | *Do you supplement with unassigned materials as needed?* | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 5. | *Do you seek guiding questions or themes before starting?* | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 6. | *Do you estimate how much time you will need to read?* | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| Taking Notes | 7. | *Do you take notes while you read?* | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 8. | *Do you mark your text or write in the margins?* | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 9. | *Do you use a highlighter heavily?* | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 10 | *Do you summarize as you read?* | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| TimeManagement | 11 | *Do you set aside specific times in your schedule to read?* | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 12 | *Do you read at times when you’re most alert and rested?* | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 13 | *Do you break up lengthy assignments into shorter sections?* | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 14 | *Do you read before class?* | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 15 | *Do you complete your reading every week?* | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| Prioritizing | 16 | *Do you work on your highest priority or most challenging text first?* | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 17 | *Do you avoid or delay reading assignments?* | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 18 | *Do you become distracted when reading?* | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| Reviewing | 19 | *Do you return to your texts at a later date for a second reading?* | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 20 | *Do you meet with study partners to discuss reading assignments?* | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 21 | *Do you read for enjoyment?* | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 22 | *What do you enjoy reading in your free time?*Click or tap here to enter text. |
| 23 | *What are your goals for developing your reading skills?*Click or tap here to enter text. |
| 24 | *What else would be helpful for us to know about you?*Click or tap here to enter text. |

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