

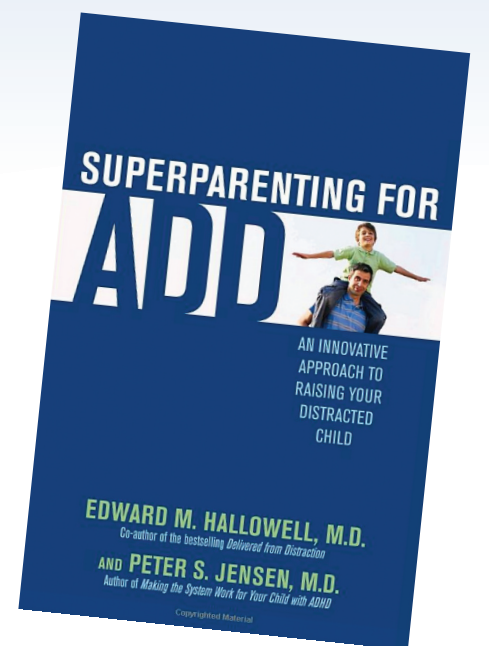
# SUPERPARENTING\*

An Innovative Approach to Raising Successful  
Teens and Young Adults with ADHD/LD



## DR. NED HALLOWELL

Dr. Ned Hallowell — pediatric psychiatric clinician for ADD young adults, prolific author, father of two children with ADD who is diagnosed with ADD himself — understands the everyday challenges and rewards of this condition. Join him as he discusses how parents and professionals can unwrap the wonderful and surprising gifts of ADD.



In his presentation Dr. Hallowell will share a practical, strength-based, specific parenting game plan focusing on how to:

- Provide the unshakable base of **UNCONDITIONAL LOVE**
- Embrace the positive side, or **MIRROR TRAITS** of ADD symptoms
- Learn the 5-step **CYCLE OF EXCELLENCE** that helps young adults develop self and social awareness
- **IDENTIFY AND TAP THE SOURCE** of young adults' cognitive strengths

**MONDAY, NOV. 9**

**PROGRAM 9–11:15 A.M.**

**BOOK SIGNING 11:15–11:45 A.M.**

**GEORGE WATTS HILL ALUMNI CENTER**

**FREE AND OPEN TO THE PUBLIC**

*Preregistration is required*

*Visit [alumni.unc.edu/academicsuccess](http://alumni.unc.edu/academicsuccess)*



THE UNIVERSITY  
of NORTH CAROLINA  
at CHAPEL HILL

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General Alumni Association

\* Presentation adapted from *Superparenting for ADD: An Innovative Approach to Raising Your Distracted Child*, Edward M. Hallowell, M.D. and Peter S. Jensen, M.D., Ballantine, 2010

Arrangements for the appearance of Dr. Hallowell made through The GUILD Agency  
Speakers Bureau